

INDIVIDUAL MALE MILE RESULTS (20kg) 2016

Position	Run Duration	First name	Surname	Runner No.
1	00:05:35	Chris	Lamb	11
2	00:05:52	Adam	Morris	1
3	00:05:56	Charlie	Palmer	10
4	00:06:07	Alfred	Yabsley	5
5	00:06:09	Paul	Robertson	36
6	00:06:21	Sean	Harris	61
7	00:06:24	Stephen	Ball	49
8	00:06:30	Martin	Beare	64
9	00:06:35	Edward	Druce	17
10	00:06:46	Shaun	Coe	45
11	00:06:52	Ronan	Hughes	43
12	00:06:55	Andras	Bator	7
13	00:07:06	Liam	Docherty	25
14	00:07:09	Steve	Butler	52
15	00:07:13	Grant	Nixon	18
16	00:07:18	Alex	Holloran	3
17	00:07:25	Ben	Kerr	59
18	00:07:34	Andrew	Vincett	9
19	00:07:40	Jamie	Smith	58
20	00:07:45	William	Willmott	55
21	00:07:51	Jeremy	Godfrey	22
22	00:07:53	Joe	Austin	60
23	00:08:00	Alex	Byrne	2
24	00:08:02	James	Harper	20
25	00:08:08	Jim	Conroy	23
26	00:08:10	Steve	Wright	51
27	00:08:14	Douglas	Yabsley	16
28	00:08:21	Si	Thomas	46
29	00:08:24	Vojtech	Kunc	54
30	00:08:32	Pete	Hodkinson	38
31	00:08:34	Tim	Giffen	63
32	00:08:40	Peter	Lawson	39
33	00:08:45	Oliver	Clarke	34
34	00:08:53	Neal	Garrard	32
35	00:08:57	James	Begley	21
36	00:09:00	Rich	Hills	40
37	00:09:15	Samuel	Macloskey	44
38	00:09:19	Paul	Macloskey	35
40	00:09:26	Mark	Allam	26
41	00:09:29	Steve	Morris	65
42	00:09:45	Matthew	Loxley	30
43	00:09:56	Anatoli	Krassavine	6
44	00:10:03	Richard	Doherty	42
45	00:10:18	Martin	Sheppard	62
46	00:10:23	Simon	Phillips	47
47	00:10:42	Mark	Pittam	57
48	00:10:50	Mike	Webber	31
49	00:10:54	Martin	Lawrence	27

50	00:10:56	Zaid	Alani	56
51	00:11:04	Paul	Bareford	37
52	00:11:08	Matthew	Bareford	29
53	00:11:36	Simon	Platts	48
54	00:11:46	Grant	Millar	19
55	00:11:47	Andrew	Eastment	8
56	00:12:44	Nigel	Sheppard	33
57	00:12:58	Doug	Murphy	15
58	00:14:26	Alexander	Macloskey	4
59	00:14:36	Matt	Cowley	28
60	00:15:27	Chris	Ackroyd	12
61	00:19:59	Richard	Norris	41

INDIVIDUAL FEMALE MILE RESULTS (10kg) 2016

Position	Run Duration	First name	Surname	Runner No.
1	00:06:41	Deborah	Beare	190
2	00:06:50	Hattie	Oakley-King	82
3	00:07:49	Lisa	Yabsley	89
4	00:08:05	Michelle	George-Barnes	93
5	00:08:50	Edita	Olsjakova	79
6	00:08:59	Poppy	Byrne	178
7	00:09:03	Julie	Kelly	84
8	00:09:05	Carole	Lambert	76
9	00:09:12	Emma	Clare	80
10	00:09:17	Lisa	Beaney	88
11	00:09:33	Niam	Hani	94
12	00:09:36	Leigh	Steere	85
13	00:09:40	Linda	Jones	87
14	00:09:59	Tracy	Beesley	186
15	00:10:19	Kath	Crawley	189
16	00:10:32	Pat	Offer	141
17	00:11:10	Jackie	Bond	83
18	00:11:20	Wendy	Williams	187
19	00:12:52	Lorraine	Bareford	90
20	00:13:53	Niam	Hani	94
21	00:14:30	Zane	Zvirbule	188
22	00:14:33	Claire	Warnefold	77
23	00:16:31	Linda	Jones	87
24	00:18:41	Baiba	Olina	75
25	00:18:42	Harriet	Warner	81
26	00:18:44	Louise	Armstrong	91